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**HAPPY KUH e.V.**

[www.happykuh.de](http://www.happykuh.de)

**NEWSLETTER**

**December 2009 – May 2010**

**BRINGING AWARENESS OF THE REALITY OF COW AND BULLS**

### DECEMBER 2009

#### **A CHRISTMAS GIFT: Little Heinz Horst (Sri) joined our Happy Kuh family**

It was one afternoon in November when the telephone rang and a very overwhelmed lady, on the other end of the line, started to tell us the story of a little bull crying alone in the forest. The fact that he was alone, had almost no place to move and was crying caught the attention of Mrs. K. She was very concerned about him, and found out that he was just one of the thousands of little bulls and other innocent animals who are destined to be slaughtered for a Christmas dinner. (A family had bought him just with the goal of fattening him to kill and eat)

The lady was very moved by his plight and was inspired to help him and adopt him. What could we do? After analyzing very carefully our possibilities we decided that Happy Kuh was ready to accept this responsibility and bring him to our herd... With the financial support of different cow protectors not only from Germany but from Taiwan, India,

UK, we managed to pay the price of his freedom, and bring him home with us.

At first, we separated him from the others by a fence (just for safety reasons) but after a few weeks our little Heinz Horst decided to jump over and join the big oxen and cows. Since this time the Happy Kuh herd and he have welcomed each other and are one family.



*We can't save all little bulls, but if we all together start to be aware of what is behind the meat and milk industry and share it with others, then we all together will be able to make a difference.*

### JANUARY 2010

#### **ESTABLISHMENT OF: "HAPPY KUH E.V."**

In January 2010 we founded the Happy Kuh Association at Reichersried Hof. Sadly, cow protection is not yet recognized as a welfare activity in Germany, (so that the donations can be reduced from the taxes of the donors). Despite this, we intend to continue trying to change the status for the future providing it does not endanger the aim of the association.

Everybody is welcome to be a member or to sponsor the Association. In this way you can participate, be a family member and support the aims of the Association: to protect the cows and bulls, to share with the public the importance of the cow, a vegetarian diet and the positive effects that these activities have on ourselves and the environment.

<http://www.happykuh.de/wie-kann-ich-helfen/>

*"Happy Kuh"* Ein Herz für Kühe



Caitanya Lila was just one of the millions of cows who find themselves working in the dairy industry. At the time, she was only 3 years old and had already had one calf, who was taken away from her immediately after his birth, so that she could give all her milk to fulfill the needs of humans.

Unfortunately, during her second pregnancy she fell down and was

unable to rise. (For a farmer this is an unprofitable situation and in so-called "normal" conditions, she would have been slaughtered immediately, although she was pregnant!!!).

Happy Kuh decided to take over the responsibility of caring for her, giving her and her unborn baby a chance of recovery. Despite receiving constant medical care and rehabilitation treatment, she left this world immediately after giving birth to a male calf, with the help of the veterinarian. She had just enough time to lick her baby and welcome him to the world.

Sometimes, this kind of situation is for some people a case of animal cruelty; we received a police complaint from a lady which was eventually dismissed because we were able to prove

that we worked all the time with the veterinarian. Caitanya Lila had an opportunity to recover and give birth to her baby; she was never left alone.

Despite the fact that Caitanya Lila and her baby did not survive, we would like to express our gratitude to all those who supported our efforts, not only financially but with prayers and kind words of encouragement.

*"Dairy cows are constantly mistreated and abused, we pray and work for a future where they are respected and allowed to walk free in the pastures together with their calves. If someone would ask us if we would do it again, the answer will be YES!"*

## APRIL 2010

### SEMINAR IN ITALY: Cow Protection and Organic Agriculture



At the end of April we drove to Italy to take part in a cow protection and farming seminar, where we made a presentation about The Happy Kuh Project and got key information on cow care and the self development of land products in return.

Caring for cows is a lifelong responsibility that entails not just feeding the animals and cleaning

the stalls. It encompasses, **CARING** and building a relationship of trust with loving, living beings who depend on us and also care for us. This was a very useful and inspiring experience that will help us to continue improving our service to the cows and oxen.



*If you are inspired to get closer contact and exchange with the*



*Happy cows, please do not be shy, just call or email us, we welcome all guests...*



MAY 2010

**FINALLY, SPRING ARRIVED: The cows have fresh grass and we can start working the land.**



After a long winter, there was enough grass at the beginning of May for the cows and oxen to enjoy the fresh pastures again.

The day we opened the fields for grazing, they all ran, jumping with joy! Even our beloved

Yasoda, the oldest cow, joined in. (You can find the video and pictures at [www.happykuh.de](http://www.happykuh.de)).



We also started a new adventure at the farm, a bio garden; we have one acre land which is starting to give wonderful gifts,

in the form of fresh vegetables (salad, spinach, beans, tomatoes, grains, etc) and in the next few months, fruits. We pursue self sufficiency, which means that first we will satisfy the needs of the family (humans and cows ;-)) and the extra will be available to the market and to you.

*If you would like to purchase fresh organic vegetables or naturally-made organic products like marmalade, syrups, juices or compotes from the Happy Kuh farm please contact us: [info@happykuh.de](mailto:info@happykuh.de)*

### THE CALF'S LAMENT!



*Oh Mother tell what they have  
done to me?  
I just want to run over fields,  
Oh mother I just want to be free!!!  
Instead of roaming through  
flowers  
And chasing my friends  
Oh mother they put me in prison  
Surrounded by a strong fence  
They dragged me away  
In a dark rainy night  
Oh mother will I never be able to  
stand by your side  
Take shelter when needed,  
Feel your warmth, drink your  
milk  
Oh mother I need to sleep close  
to you, coz you're softer than silk  
Why they don't understand that  
you so important to me  
Oh mother please tell them;  
  
We have the right to be free!!!*

### VEGETARIAN ORGANIC FARMING: One answer towards a sustainable management of our environmental resources

On May 16<sup>th</sup>, Mariela handed in her Masters thesis, which completed the work on her MSc. in Sustainable Resource Management.



This study was able to offer an alternative to the current environmental damage and problems of resource depletion as a result of destructive agricultural practices, Industrialized beef & milk production and overconsumption. It proposes the implementation of organic agriculture practices, non-violent farming and the adoption of a simple and vegetarian style of life; an approach that is summarized in

the practice of vegetarian organic farming. From this research it can be concluded that vegetarian organic farming is a realistic alternative offering us the opportunity to practice a way of life that will not adversely affect nature from one day to the other, but which is a safe step towards the improvement of the present situation of the environment; a grateful and conscientious use of our natural resources, respectful treatment to other living entities and a learning experience for self development which anyone can profit from.



*If you would like to read the complete research, please take a look at the rubric educational at our website.*

## CURRENT PROJECTS &

### SPONSORSHIP OPPORTUNITIES:

- Path to the fields
- Fresh pastures for the cows
- Expansion of the fences
- Help us spread the word...



#### Help us build a safe path to the fields:

The constant rains of the last month have made the path to the fields very muddy and difficult for the cows and oxen to walk along. Therefore, we would like to offer you the opportunity of sponsoring the construction of a pathway for them, which we will build with recycled stones, which will be compressed with a compactor.

The budget for this will be:

- Stones: 250 Euro
- Machines: 100 Euro

#### Maintenance of the cows pastures

Just like any other farm, the pastures for the cows need to be maintained so that they can have the best quality grazing with grass in good quantity.



Funding needed:

- Purchase of best quality organic seeds for this grass season: 150 Euro

#### Material for the expansion of the fields

The Happy cows have free access to the pastures, and they really like to be outside, lay in the sun or be washed by the rain.

But sometimes they like to go to the fields of our landlord, which is best to avoid. Therefore we need to reinforce the existing fencing and expand on what we have.

The costs are the following:

- Material: 100 Euro



## GIVE A UNIQUE GIFT AND HELP US TO GIVE FIRST CLASS CARE TO THE COWS AND OXEN

### HELP US SPREAD THE WORD ON COW PROTECTION

By purchasing any of the following items you will not only get a nice present for your loved ones but also help us to tell more people not only about the project but the importance of cow protection. To order a gift please contact your Happy Kuh Team: Sebastian and Mariela

Article	Price
2011 Happy Kuh Calendar	10 Euro
Postcards	1,20 Euro
Self-made Greeting Cards	2,50 Euro
Pictures in frame (different size)	3,50 - 9,90 Euro
T-shirts	12 Euro

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info@happykuh.de

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Volsbank Raiffeisenbank FFB eG.

BLZ: 701 633 70

Account number: 506249